

# NINJA WARRIOR ENTRY FORM

Your/Your Team Name: .....

## Rules

1. A team must consist of no more than 4 members, and must contain 1 member under the age of 25
2. All teams/participants must be in the warm up area no later than 15 minutes before their allocated start time.
3. Staff will explain the format of the game and safety procedures. (Please listen carefully to all the instructions given).
4. Teams can be swapped and changed to ensure that no one is left on the side lines.
5. Team members should be of reasonable fitness and not be undergoing medical treatment or taking prescribed medication.
6. Participants should wear sports clothes i.e. tee shirts, shorts and trainers. Tracksuits are advisable and please remember to bring a towel and a change of clothes if necessary
7. Jewellery should not be worn and there will be no facility for the safekeeping of valuables.
8. All participants under the age of 16 must have consent of a parent or guardian.
9. We aim to provide a full day of fun and excitement for participants, spectators and organisers alike, however for reasons of safety no alcohol should be consumed before participating in the games, as you would be a danger to yourself and others.

## Disclaimer

Team captains, or parents/guardians for under 16's, please complete the following details and ensure that all your team members sign this disclaimer prior to the event as this will save time on the day. The disclaimer should be handed in when you register with your team.

Date of event: .....

Team/participant name: .....

Team captain: .....

## I Agree

- That if the organisers of the event determine I am incapable of taking part in the competition they may exclude me from participation.
- That if I fail to follow the reasonable directions as to safety and good order on the part of the organisers of the event, I may be disqualified from participation.
- That event organisers will be under no obligation to me in respect of personal injury suffered by me in the event if it be caused by any reason other than the negligence of the operators. I understand that I must report any injury sustained to the staff on the day.

Name:.....

## Team Members

Print name	Signed	Parents/guardians signature (if under 16)
1. ....	.....	.....
2. ....	.....	.....
3. ....	.....	.....
4. ....	.....	.....